

THE CATCH



South Niagara Canoe Club Newsletter Volume 8 Issue 5

June 2018

Introductory Dragon Boat Steering Workshop

Doug demonstrating for Verna from Warlocks and Brenda from Hope Floats



Al Corbett



On May 12, Doug Jones, coach of the Warlocks, taught the basics of steering a dragon boat and the Warlocks graciously paddled for those student steerspeople. Now it's a matter of Practice, Practice, Practice!

Joan from Waves of Women



Marilyn from Hope Floats



Margaret from Canal Dragons



The Catch shares news about SNCC and its members so you can stay connected with SNCC and its members.



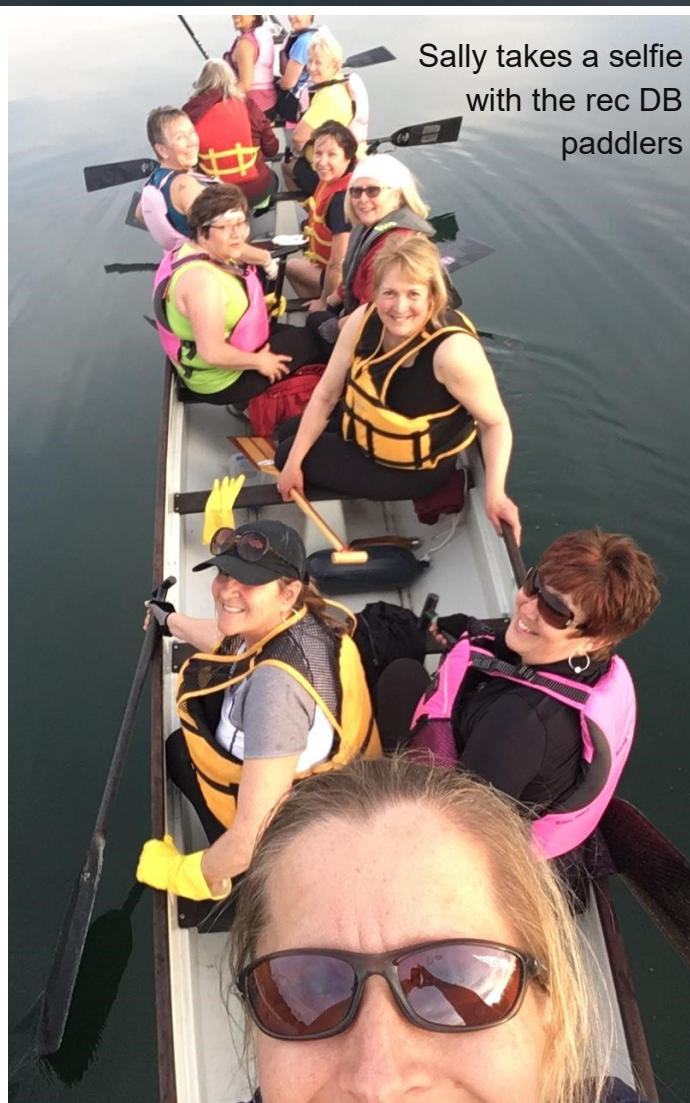
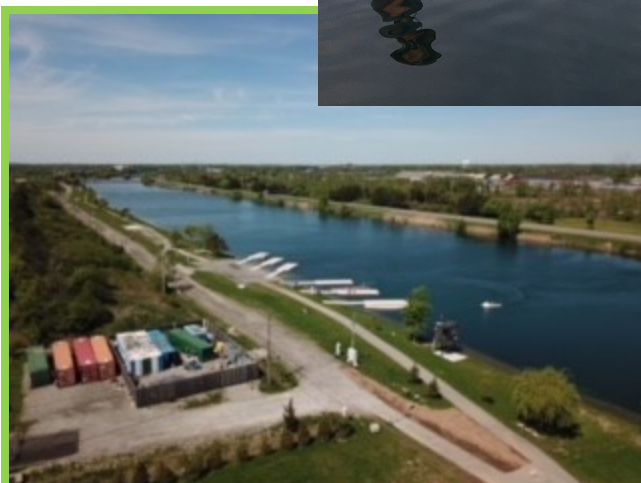
Pictures by Kathleen Reardon



Fun Photos



Perfection in the reflection
Photo by Sally Rennick



Sally takes a selfie
with the rec DB
paddlers

The nephew of Marilyn, from Hope Floats, took these aerial photos with his drone. Thanks for sharing!





*Pictures from
Lesley Seaborne's
Facebook page*



*Pictures from
Sondra Beach's
Facebook page*



On May 26, over 14,000 people participated in the 13th annual Rankin Cancer Run and helped raise over \$1,000,000. All funds raised by the Run will go towards local cancer support organizations. South Niagara Canoe Club was well represented by many club members and supporters. Great effort all around! For more detail, read: <https://www.stcatharinesstandard.ca/news-story/8632459-rankin-cancer-run-surpasses-1-million/>



New Programs at SNCC

Back in March 2018, there was an article in Niagara This Week celebrating the ParaCanoe and Kayak program at SNCC. The program is now up and running! Read the full article at: <https://www.wellandtribune.ca/news-story/8311686-para-kayak-program-opens-the-water-to-all/>

Participants, supporters and staff gathered at the WIFC to celebrate the success of the South Niagara Canoe Club's para-kayak program. Pictured left to right are coach KC Fraser, Welland Mayor Frank Champion, club past commodore Brian Roy, MPP Cindy Forster, city supervisor Amanda Degazio, program participant Shelley Gilbert, club commodore Ian Tate and program volunteer Richard Dalton.



Picture by Steve Henschel/Metroland

In June 2018, the Masters Canoe/Kayak program will start up. It will run on Saturday mornings for people ages 20 years and up. The program description reads: "This program is for former sprint canoe/kayak athletes and for adults who would like an introduction to the sport of sprint canoe and kayak, and is designed for participants of all skill levels. Athletes will receive on-water coaching and will learn to paddle sprint boats. No prior paddling experience is necessary." Register here: <https://southniagaracanoecub.wildapricot.org/Masters>

Warlocks Update

On May 26, the Warlocks competed at the 16th Annual Milton Dragon Boat Festival by Lively Dragon at Kelso Lake.



Looking forward to some pictures and details on the medals they won! Congratulations!

Watch KC on YouTube!



<https://www.youtube.com/watch?v=7jaBQJOYY2c>

This was posted in April 2016 in the lead up to the Rio 2016 Olympics. Watch KC be a Hero of Play and explain the history of Canoe/Kayak.

OUR NEW HOME

We seem to be settling in nicely at our new home. Lots of shelving and racks have gone in to organize the paddles and lifejackets. Thank you! Future projects include painting the shipping containers, getting more picnic tables and chairs, a shelter/tent for rainy days, a Change Room, and possibly a makeover for the Coach's office. Feel free to contact your friendly neighbourhood coach or Board Member to find out how you can contribute your time, talent, and ideas to make our new home fulfill our needs.



Coach's Office



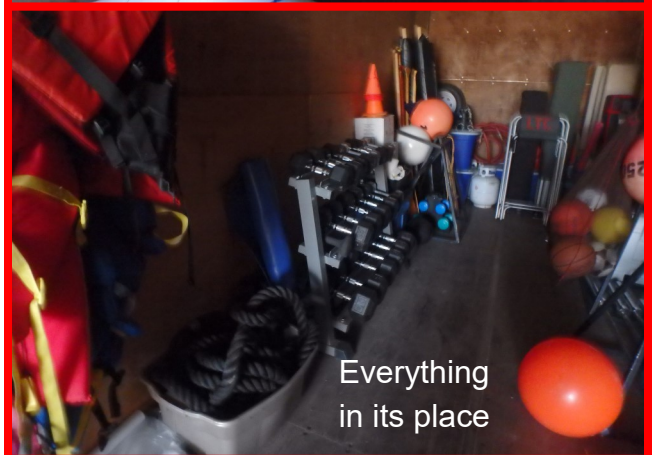
The interior of our compound



Paddles up!



Life jackets are no longer in a pile on the floor



Everything in its place



Facebook



Instagram



Twitter



Youtube

SNCC.CA

Next issue: beginning of July 2018
 Pictures and story ideas for **The Catch** can
 be e-mailed to: kat_reardon@hotmail.com

Upcoming Events

SNCC Raffle — throughout June

All club members are encouraged to sell one book of raffle tickets for fabulous prizes! More details to follow.



Ocup #1— Ottawa, June 2-3 Ontario Team Trials for Canoe/Kayak



Welland Dragon Boat Festival — June 9

SNCC will be racing a crew with members from all three recreation crews. Come cheer them on and also volunteer at the event!

Jackie Harper Memorial Naming Ceremony — June 13

SNCC remembers and honours a long time member and friend who has passed away, Jackie Harper, a Wonder Woman to us all. Please arrive at 6:15pm for the ceremony. Contact Brenda Arndt if you wish to assist with the planning of this ceremony.



Ocup #2—Mississauga, June 16-17 Spring Sports Camp for Canoe/Kayak

Board Meeting — June 21, 7:00pm at Welland Civic Square, room TBD

National Team Trials—June 22-24, Montreal for Canoe/Kayak

And while this is not exactly a South Niagara Canoe Club event, we still wish to recognize a special event coming up for two members of the SNCC family. Congratulations!

