THE CATCH



South Niagara Canoe Club Newsletter Volume 8 Issue 4

May 2018

Thank you! An email from KC to the club on April 29, 2018.



Dear SNCC members,

I just wanted to say a big thank you to everyone that helped move the club over to the new location this past Saturday. Even though the weather was not in our favor [sic] it was great to see lots of helping hands ready for the move.

These are important moment [sic] that really help build the club as a community without everyone coming together, I honestly would have still been paddling or hauling boat [sic] back and forth months later.

I am excited to work with all of you to help build this club.

Once again thank you and see you all on the water!

KC Fraser

Head Coach of South Niagara Canoe Club, Olympian Rio 2016

The Catch shares news about SNCC and its members so you can stay connected with SNCC and its members.



Photo by Kathleen Reardon

OUR NEW HOME!



Photos by Kathleen Reardon



Now comes the settling in phase. Where did we pack that? Did we pack the other thing? We need to buy/build something. Your patience is appreciated as we all work together to make our new clubhouse a home. Please share any feedback and comments to your coach or Board representative on our new home. Please also share your ideas for addressing any concerns you have about our new home.

Parking — For safety reasons, no one is to park in the U-shaped driveway closest to our compound as that is designated as a firelane. See where the cars are parked in the top picture? Don't park there. Park anywhere else in the parking lot.

Washrooms — Beginning the week of May 7, the washrooms near the timing tower will be open till 9pm.

Security — Keep your valuables in your car. Car keys can be left in the compound which is locked during practice.



SNCC members Austin Pigeon on left and Evan Landry on right made the front page of the Welland Tribune on May 1, 2018. Even though they were incorrectly identified as "rowers" we'll still take the publicity. We just need the Tribune to issue a "Correction."

First day of Recreational Dragon Boat

Photos by Kathleen Reardon



Above: Paddlers complete their warm up by working together to get the white dragon boat out of the water for repairs.

Photo from Welland Tribune

Below: Coaches Sally and KC have the paddlers working on their "waltz".

Training camp in Sarasota, Florida



Photos from Warlocks' Facebook page



From the Warlocks' Facebook page: After months of circuits, cardio, weights and time in the training tank, it was time to get out on the water and begin preparing for a big season ahead.

Almost 50 paddlers on 3 boats assembled for 10 practices and 2 video reviews. Paddling over 16 km daily, the sore muscles, calluses and blisters were a common topic of conversation.

Before we knew it, it was time for our final video review and breaking into our various weekend activities. Knot A Breast is heading to Tampa for a race against the local BCS teams, and the remaining crew heading out for one more tune up.

Steers

SWIM BIKE RUN.

So many people work tirelessly behind the scenes to make this camp awesome, we are so grateful to our organizers, coaches, steers and paddlers for an amazing week!









SNCC.CA

Next issue: beginning of June 2018 Pictures and story ideas for The Catch can be e-mailed to: kat_reardon@hotmail.com

Upcoming Events

Steering Clinic — May 12

See our website SNCC.CA to register. This is NOT a certification course. After this training session you will be ready to practice steering a dragon boat. Our dragon boat crews will be happy to let you practice steering on us, but it is up to you to let the coaches know you want to.



Training Camp — May 27

Wonder Women's Warriors have a training camp at our home site in preparation for their trip to Italy this July.



SNCC Raffle — throughout May

All club members are encouraged to sell one book of raffle tickets for fabulous prizes! More details to follow.

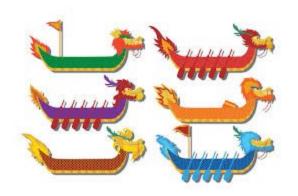
Board Meeting — date and location to be announced

SNCC Dragon Boat Knock Out races — June 2

Still in the planning stages, this is meant to be a fun, social event for the whole club.



SNCC will be putting in a Rec DB crew with members from all three rec crews. Come cheer them on and also volunteer at the event!





Jackie Harper Memorial Naming Ceremony — June 13

South Niagara Canoe Club remembers and honours a long time member and friend who has passed away, Jackie Harper, a Wonder Woman to us all. We will awaken the dragon with a traditional Dragon Boat Naming Ceremony. Please arrive at 6:15pm for the ceremony. Food, socializing, and maybe even a paddle to follow. Contact Brenda Arndt if you wish to assist with the planning of this ceremony.