

# THE CATCH



South Niagara Canoe Club Newsletter

September 2017

## News from our crews: Canoe/Kayak

By Lillian Culp

Our Canoe Kids camp has ended but throughout the summer we saw many smiling faces some familiar and some new. All the campers had fun and learned a lot about our sport while trying both sprint kayak and canoe. We hope that we will see some of these paddlers again in the fall and next year.

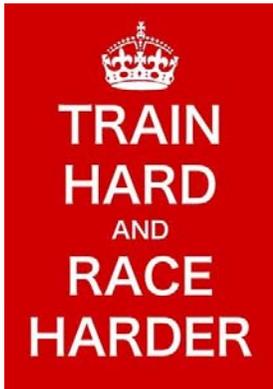
August was a busy month for our canoe kayak athletes, where we had paddlers competing in Cobourg, Ottawa and on our home course for Nationals. On August 9<sup>th</sup> seven of our elementary athletes made their way to Cobourg to race at the Western Ontario Division Championships all returning happy with their performances and with at least one ribbon in hand. As a club we claimed ten ribbons in all, four of which were 1<sup>st</sup> place, another four were second place and the final two were 3<sup>rd</sup> place ribbons. The U11 and U13 athletes raced single, double and four person kayaks, with the exception of Kaelyn Davis who was borrowed by Balmy Beach to fill a C2 and a few C4s. Our female paddlers made our club proud with Anna Deboer taking first in the U11 women's K1 race and Kailene Anger making the sweep for the first in the U13 women's K1. For the final race of the day Jack Perrin, Liam Stone, Walker Davis and Sarah Lowry participated in Cobourg's U13 mixed war canoe to help win them the race.

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*Continued ...*

# Canoe/Kayak continued



The weekend following the success of our elementary paddlers, our developmental paddlers took the course in Ottawa against the best in Ontario. Our athletes made many finals both A and B with Austin Pigeon bringing home a silver for his U13 men C1 1000m in A – final and Aiden Davis taking a second place as well in the U16 men’s K1 1000m B – final. David Coyne, Evan Landry and Sam Abbott-Tate raced hard in the open men’s division in K1, K2 and K4, giving the other crews a run for the podium. All the athletes worked hard over the weekend and returned with ideas in their mind of how they will improve for next time.



This year South Niagara made an impression at nationals. We not only were the host club racing in Welland on our home course but also had our very first war canoe race at nationals, our first K2 final and our first senior men’s C1. Our junior mixed war canoe may not have been the fastest out on the water but all athletes in the boat held themselves well in the wash of the other boats and performed a well-executed start.

*Continued ...*

# Canoe/Kayak continued

The U19 men's K2 of Sam Abbott-Tate and David Coyne raced their way into South Niagara's first final where they placed 7<sup>th</sup> in all of Canada for the distance of 500m. Some exciting races unfolded on the race course including the senior men's C1 200m where Richard Dalton came 4<sup>th</sup> place proudly wearing the South Niagara colours. Although not in South Niagara colours our head coach, KC Fraser raced for Balmy Beach in many races including their junior mixed war canoe where they made the final and came fourth. KC was also recognised with a plaque for her retirement.



*KC gets a plaque!*



We would like to wish the best of luck to Sam Abbott-Tate and David Coyne, as they enter their post-secondary education.

GOOD  
BYE &

GOOD  
LUCK!

# News from our crews: Warlocks

From the Warlocks Facebook page:

## Canadian Dragon Boat Nationals 2017, Day 1

When dragonboaters joke that "this is a water sport", sometimes we get more than we could have imagined! With flashbacks to 2015, the weather system that moved in this afternoon caused many delays and even cancelled part of the afternoon racing schedule! We made the best of our time hiding in the team and marshalling tents, sharing a few laughs and talking about the weather.

Before the heavens opened, we saw some of the best racing in the county! Our Senior B and C gender crews performed well under our new partnership, LNQ Racing Club.



## Canadian Dragon Boat Nationals 2017, Day 2

Full day of racing for our gender crews in Senior B/C. The weather was a bit more cooperative, we only had to hide in the tent for about an hour! Hard work by all the crews, coming together after 3 training camps and blending



paddling styles to qualify for CCWC 2018. Especially proud of our Open crews who brought home the hardware! *Continued ...*



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Next issue: beginning of October 2017  
Pictures and story ideas for **The Catch** can  
be e-mailed to: [kat\\_reardon@hotmail.com](mailto:kat_reardon@hotmail.com)

# Warlocks continued

## Canadian Dragon Boat Nationals 2017, Day 3

Very early start to the morning, had to pick up the races that were missed due to the storm on Friday. Water was smooth as silk in the morning, was a bit gusty as usual by the afternoon just in time for the 2k heats.

Our senior A/B/C mixed crews worked hard to earn their berths for Szeged, well done everyone!



## Dragon Boat Canada Steering Certification Program

[www.p3paddlezone.ca](http://www.p3paddlezone.ca) and  
[Pickering Dragon Boat Club](http://Pickering Dragon Boat Club)

Upon successful course completion participants will receive Dragon Boat Canada accreditation.

Participants should be prepared for both in-class and on-water experience.

Level I - Introduction to Safe Steering  
**Sunday September 17th, 2017, 9am – 2pm**  
P3 Paddle Zone, 1050 Brock Rd Unit 20 & 21,  
Pickering, ON L1W 3X4

To register and for more information, go to:  
<http://alkame.ca/dbcsteering.html>

**Cost: \$125**

## Progress on The New Build from our Facebook page

